

# MICHAEL JOHNSON INVITATIONAL

APRIL 21 & 22, 2023

TENTATIVE SCHEDULE



## FRIDAY EVENTS

### FIELD EVENTS

TIME	EVENT	LOCATION
12:00pm	Hammer (W)	W of Grandstands
2:00pm	Hammer (M)	W of Grandstands
2:30pm	Long Jump (W)	W Side Pit
4:30pm	Discus (W)	W of Grandstands
5:00pm	Long Jump (M)	W Side Pit
6:30pm	Discus (M)	W of Grandstands

### RUNNING EVENTS

TIME	EVENT	LOCATION
6:00pm	400mh (W)	
6:20pm	400mh (M)	
6:40pm	200m (W)	
7:05pm	200m (M)	
7:30m	1500m (W)	
7:40pm	1500m (M)	
7:55pm	5000m (W)	
8:20pm	5000m (M)	

## SATURDAY EVENTS

### FIELD EVENTS

TIME	EVENT	LOCATION
11:30am	Javelin (W)	Infield/S Runway
12:00pm	Pole Vault (W)	W Side
	Triple Jump (W)	W Side Pit
2:00pm	Javelin (M)	Infield/S Runway
	High Jump (W)	D-Zone
2:30pm	Triple Jump (M)	W Side Pit
	Pole Vault (M)	W Side
	Shot Put (W)	Infield/E Ring
4:30pm	Shot Put (M)	Infield/E Ring
	High Jump (M)	D-Zone

### RUNNING EVENTS

TIME	EVENT	LOCATION
2:30pm	4x100m (W)	
2:40pm	4x100m (M)	
2:50pm	3k Steeplechase (W)	
3:05pm	3k Steeplechase (M)	
3:25pm	100mh (W)	
3:40pm	110mh (M)	
3:55pm	400m (W)	
4:10pm	400m (M)	
4:30pm	100m (W)	
4:50pm	100m (M)	
5:10pm	800m (W)	
5:25pm	800m (M)	
5:40pm	4x400m (W)	
5:55pm	4x400m (M)	
6:10pm	Projected Finish	

\*Senior Recognition will take place at 11:00am prior to the start of events on Saturday, April 22.\*